

press release

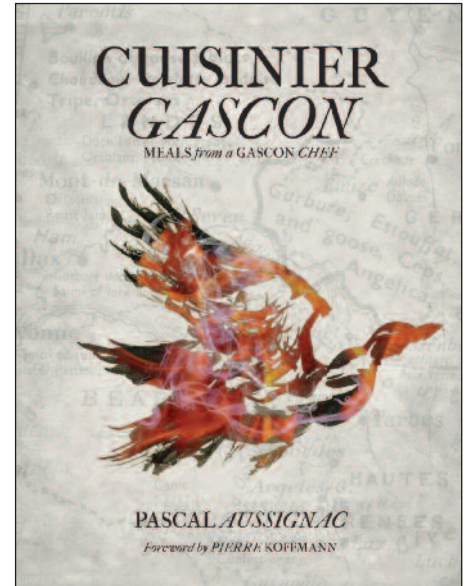
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CUISINIER GASCON

Meals from a Gascon Chef

Pascal Aussignac



format	Hardback	ISBN	9781906650209
extent	240pp	pub. date	November 2009
illustrations	Full-colour	price	£25
BIC class.	VBGH3	categories	Cookery
		size	255 x 195mm

‘Charmingly written and beautiful to look at, it seems to me to be very much a love letter to his homeland. A very special book from a very special chef celebrating very special food.’

Pierre Koffmann

Cuisinier Gascon is Michelin-starred chef Pascal Aussignac's tribute to the food and culture of his homeland. While Gascony no longer technically exists, the region continues to be recognised in France, particularly in the south-west, its historic heartland. Gascon food reflects the varied landscapes of the surrounding countryside, where fine charcuterie, cassoulet, duck and Armagnac are the order of the day. As Aussignac explains, “I see my Gascon food, in all its manifestations, as a refinement of the original Gascon *cuisine de terroir*, a cuisine which reflects and respects its origins, which remains close to the earth.”

This beautiful book, which is illustrated throughout with photographs by fellow Frenchman Jean Cazals, is exquisitely evocative. More than 140 recipes celebrate the region's unique qualities. While they remain true to the traditions of Gascony, Aussignac's singular talents allow him to create brilliant new dishes from classic recipes.

A book both to covet and to cook from, *Cuisinier Gascon* is destined to become a benchmark for those in search of the culinary glories and delights of south-west France.

Pascal Aussignac moved to Britain in the late 1990s, opening his award-winning restaurant Club Gascon in London's Smithfield Market. It soon became the place to go to experience some of the best French food in the country. The Gascon group (www.gasconline.com) now also includes Cellar Gascon, Le Cercle and Comptoir Gascon.

For further information

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